



# THE PENGUIN PRESS

## February 2010

[www.littesunvalleyskating.org](http://www.littesunvalleyskating.org)

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Locations  
Smead Arena Blunt Park  
1780 Roosevelt Avenue  
Springfield, MA 01109

Enfield Twin Rinks (ETR)  
1 Prior Road  
Enfield, CT 06082  
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### Skating Schedule

**MONDAY** (8 weeks) January 4 – February 22, 2010  
Enfield Twin Rinks, Enfield, Ct.  
5:00-6:00pm Basic Skills - incl. 30 Min. free skate  
6:00-6:50pm Freestyle (open to ALL basic skills skaters)  
• Guest Fees: \$11 – LSV Home Club, \$12 LSV Associate, \$13 Nonmember  
• ½ session \$6 home, \$6.50 associate, \$7 nonmembers

**WEDNESDAY** (8 weeks) January 6 – February 24, 2010  
Smead Arena, Springfield, Ma  
5:40-6:30pm Basic Skills - incl. 30 Min. free skate  
2/24/10 Basic Skill time changes to 5:30 start  
6:30-7:20pm Freestyle  
7:30-8:20pm Freestyle

**FRIDAY** (10 weeks) January 1 – February 26, 2010  
Smead Arena, Springfield, MA.  
4:40-5:30pm \*Freestyle  
5:40-6:30pm \*Freestyle  
6:40-7:30pm \*Freestyle  
Beginning on 2/26/10 freestyle will begin at 4:30

**SUNDAY** (9 weeks) January 3 – February 28, 2010  
Smead Arena, Springfield, Ma.  
4:40-5:40pm Basic Skills - incl. 30 Min. free skate  
5:40-6:00pm Power  
6:10-6:25pm Dance (moves allowed on lesson only)  
6:25-6:40pm Moves (dance allowed on lesson only)  
6:40-7:30pm \*Freestyle  
7:40-8:30pm \*Freestyle

### LSV FAMILY FUN SKATE

Monday Feb. 15<sup>th</sup>  
Enfield Twin Rinks  
6:00-6:50 p.m.  
\$4 per person  
LSV Family/ Friends Welcome!



Tuesday  
February 2<sup>nd</sup>, 2010

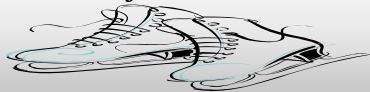
**LAST Minute Dinner Plans**  
**LSV Night at Red Robin – Wilbraham**

**Tuesday February 2<sup>nd</sup>**  
**5-9 PM**  
**The Red Robin Decided to Celebrate Ground Hog Day with LSV.**

10% of each bill can go to LSV.

**Red Robin**  
2039 Boston Road  
Wilbraham, MA 01095-1103  
(413) 279-1380

*This is a time where you can sell outgrown skating apparel or purchase from other skaters. The exchange is been held every 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month during Basic Skills Lessons. For more info call 413-896-3788*





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**February 2010**

**Congratulations to our LSV,  
USFSA Skaters!  
Bay State Games**

## Calendar of Events

**\*Tuesday-February 2<sup>nd</sup> 2010**

Family night on Ground Hogs Day!

Red Robin Fundraiser

Boston Road in Wilbraham

**\*Monday February 15<sup>th</sup> 2010**

School Vacation Family Fun Skate Night!

Enfield Twin Rinks,

6:00- 6:50 p.m.

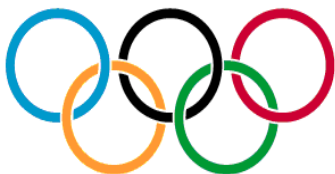
**\*Saturday March 13, 2010 7:00p.m.**

LSV Night with the Falcons

## COMING SOON:

**Gourmet Coffee fundraiser!**

March/April 2010



VANCOUVER 2010  
Check Local listing for  
Events.

Sally Alrutz – Pre-preliminary Restricted Track  
Nicholas Correia – Preliminary Unrestricted Freestyle  
Allisen Goncalvas – Pre-preliminary Restricted Test Track  
Lucia Montalvo – Pre-Juvenile Unrestricted Track  
Marianna Sticca – Pre-Juvenile Unrestricted Free Skate  
Juliette Zielinski – Pre-preliminary Restricted Track

## *Private Coach for your skater*

Is your child ready to have a private coach?!  
Here are some questions to ask:

1. Does your child have a genuine interest in continuing to move up in USFSA figure skating?
2. Does your child want to have a program with music and/or wants to participate in a USFSA figure skating competition with a program rather than just individual skills (moves)?
3. Do you want your child to have more personalized attention in lessons?

If you answer yes to the following questions you may want to speak with one of our many home club pros.